Hello everyone!

This is my first note as president and, in the same vein as the former president, Dr. Carlo Vinicio Caballero, it is my intention to stay in touch with you through these messages, so that all can be informed and up to date on the developments in our PANLAR.

We could not be happier! The 20th PANLAR Congress held in Buenos Aires concluded yesterday, setting records in attendance (over 2500 attendees) and papers submitted (over 500), plus the First PANLAR Patients Congress held. Congratulations to everyone!

First of all, I would like to thank Dr. Caballero for his tireless efforts, hard work, capacity for innovation and selflessness during his term at the helm of PANLAR for the past two years. Fortunately, Dr. Caballero will continue working for PANLAR as president of the Education Committee. Thank you, Carlo!

I would also like to congratulate the president-elect for the 2020-2022 term, Carlos Lozada, from the United States, a country belonging to PANLARs North region, and the new secretary general, Antonio Cachafeiro, from Panama, of the Central and Caribbean PANLAR region. Remaining members of the executive committee are: Miguel Albanese (Uruguay – South region) as treasurer, and Carlo Caballero (Colombia – Bolivarian region) as former president. Welcome and thank you for joining me in this term. We bid farewell to Carlos Pineda, who has been present during his successful term as president and former president. Thank you, Carlos! It is a well-deserved break after such hard work. We will miss you!

As usual every two years, we have also had changes in the Board of Directors. We bid a fond farewell to those complete their period: Gloria Vásquez (Colombia, Bolivarian region), Rubén Montúfar (El Salvador, Central and Caribbean region), Fernando Neubarth (Brazil, Southern region), Maritza Quintero (Venezuela, Bolivarian region) and Graciela Espada (Argentina, Southern region). To each and every one of them, our gratitude for their continued efforts for PANLAR.

Their places will be occupied by José Luis García Figueroa (Mexico) of the Northern region; José Díaz Coto (Costa Rica) and Vianna Khoury of the Central and Carib-
Thank you all. PANLAR BELONGS TO ALL! WE ARE ALL PANLAR!